

**Kathy Allen**

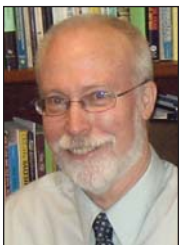
Kathy is a licensed counselor who holds a Master's degree in clinical psychology from Wheaton College. She is a full-time counselor at Cornerstone Counseling Foundation where she specializes in working with adults and couples. She will co-lead one of the enrichment groups and be available for individual or couples counseling or consultation.

**Dr. Jenny Pak**

Jenny is Assistant Professor of Psychology at Biola University where she conducts and supervises narrative research. She specializes in cross-cultural counseling and in-depth integration of meaning and emotion in psychotherapy with individuals, children, couples and families. Jenny will assist with the daily Counselor Training Workshop and be available for consultation and counseling.

**Dr. Tim Friesen**

Tim is a licensed psychologist who was the Founding Director of Cornerstone Counseling Foundation. He now lives and ministers in Grand Rapids, Michigan. Tim specializes in working with families and children and will discuss adjustment problems of children and dealing with anger in families and on missionary teams. He will also co-lead a Personal Enrichment Group and be available for individual or family consultation or counseling.

**Dr. William Hoppe**

Dr. Hoppe is a medical doctor with 30 years experience in psychiatry. Bill moved to Thailand with his family eight years ago. He serves as a consultant for missionaries throughout Asia. Bill

will be available for consultations during the seminar. He will be lecturing on the evaluation and treatment of psychiatric disorders.

**Dr. Bill Kirwan**

Bill is a Christian psychologist and ordained minister who has served on the faculties of Covenant Seminary and Trinity Evangelical Divinity School. He is the author of *Biblical Concepts for Christian Counseling* and has served on the Board of Directors of the World Presbyterian Mission. He will be leading the daily Counseling Training Workshop and be available for personal consultation or counseling.

**John and Becky Leverington**

John and Becky are Marriage and Family Therapists serving with SIL. In addition to providing counseling and crisis intervention to missionaries they offer consultation for mission administrators regarding personnel issues and child abuse prevention and response. John and Becky will co-lead one of the couples' enrichment groups and be available for individual and marital counseling and consultation.

**Dr. Keith and Ginny Edwards**

Keith is Professor of Psychology at Biola University. He specializes in couples' counseling and therapy for stress, anxiety, and depression. Keith has counseled and lectured at the Narramore Christian Foundation's Seminars for Ministers and Missionaries for more than twenty years. Keith and Ginny will lead a marriage enrichment group and be available for couples counseling and consultation.

**Dr. Paul & Debbie Hewitt**

Paul is a licensed psychologist specializing in psychotherapy with adults and couples. He served on the staff of Intervarsity Christian Fellowship for 8 years. Debbie is an educator who taught English and served as a dorm parent for high school MKs at Riff Valley Academy in Kenya. Paul and Debbie have served as counselors for the Narramore Christian Foundation's annual MK Re-entry Program for several years.

**What other Missionaries & Pastors Have Said:**

"Nothing except salvation has had a greater impact on me. The seminar helped me understand myself, which helped our marriage and our ministry. I don't know where our ministry would be without it."

"This seminar is the most help I have ever received on member care and counseling."

"The active listening workshop helped me begin to identify and practice some important counseling skills."

"I got in touch with some personal pain which has been zapping my ability to tolerate the stress of ministry. I am leaving with more relief than I can put into words."

"I was impacted theologically. The seminar helped me think through my entire understanding of how God heals and helps His children grow."

"I needed a break from our ministry. I got a new perspective on my life and work."

"The couples workshop enabled me to talk about painful previously unspoken things with my spouse."

**NARRAMORE CHRISTIAN FOUNDATION**

EVERY PERSON IS WORTH UNDERSTANDING

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# Continuing Education In Counseling and Member Care



## An Intensive Counseling Seminar for Missionaries, Pastors, and Other Christian Workers

## October 9 – 21, 2011 Chiang Mai, Thailand

Sponsored by the  
Narramore Christian Foundation

## OBJECTIVES

As a missionary, pastor, or other Christian leader, you are called to counsel a great variety of people. Yet seminary cannot adequately equip you to deal with the many problems you encounter in ministry. To meet this need, the Narramore Christian Foundation has developed an intensive counseling seminar. More than 2,000 people have taken this training in the U.S. Now this helpful Christian counseling seminar is being offered in Chiang Mai, Thailand.

The seminar will increase your counseling and member care skills. Your instructors will emphasize a strong integration of biblical and theological truth with practical psychological insights and counseling techniques.

## CONTENT

### *Lecture and Discussion Topics:*

- Biblical and Psychological Foundations for Member Care and Counseling
- Personality Dynamics and Adjustment
- Your Role in Comprehensive Member Care
- Psychopathology on Missionary Teams
- Learning From the Emotional Life of Jesus
- Stress and Burnout
- Cross Cultural Issues in Member Care
- Techniques of Counseling
- Rethinking the Doctrine of Sanctification
- Pornography and Sexual Addictions
- MKs with Special Needs (including ADHD)
- Working with Depression and Anxiety
- The Role of Psychotropic Medication
- Anger Management and Conflict Resolution

### *Special Elective Tracks:*

Fifteen hours of the seminar will be devoted to one of three elective skill building/experiential tracks. Participants will choose between:

- Basic Counseling Skills & Active Listening Training
- Small Personal Growth Group
- Small Couples Growth Group

### *Personal Growth Activities:*

Participants will take a personality test

designed to enhance self observation and insight. Seminar staff members will be available for personal consultation or counseling during the seminar. There are no fees for the tests, counseling or consultation.

### *Elective Evening Mini Seminars:*

At least two evening seminars will be offered on topics like:

- Sexual Abuse Prevention and Response
- Deescalating Conflicts in Marriage

## WHO MAY ATTEND?

Missionaries, pastors, educators, and other Christian workers and their spouses are invited to attend. Although this seminar is designed especially with missionary member care personnel in mind, the sessions include a broad range of counseling, problem solving and growth topics that apply to anyone in a people helping, pastoral care, or counseling ministry.

Since the seminar is more helpful when a couple attends together, married participants are strongly encouraged to attend with their spouses.

## LOCATION

The seminar will be held in the beautiful Imperial Chiang Mai Resort and Spa Hotel. Resident participants will be able to use the swimming pool and other sports facilities.

## COST

Although the actual cost of the seminar is more than \$2000 per person, friends of the Narramore Christian Foundation provide financial support so that the seminar can be offered for the following costs in Thai Baht. US dollar equivalents will be based on conversion rates at time of registration on October 9.

**Private single room** (Includes tuition, room and meals and all materials for the seminar.) Per person: Baht 32,500

**Shared double room** (Includes tuition, room and meals and all materials for the seminar.)

Per person: Baht 25,740

Per married couple: Baht 47,850

## SCHEDULE

The seminar begins with registration and orientation on Sunday, October 9, 1:00-2:30 PM, followed by opening sessions and dinner. Monday through Friday schedule is from 8:30 AM to 5:00 PM with a two hour break at lunch. There will be at least two evening sessions. No meetings will be held on Saturday or Sunday, October 15 and 16, so that participants may use the time for personal relaxation, networking, sightseeing, shopping and worship.

The seminar ends with lunch on Friday, October 21 so that participants can make flight connections. Participants are strongly encouraged to arrange their departing transportation so that they can stay for the entire seminar. Participants can arrange to stay the evening of the 21st at their own expense if a Saturday departure is more convenient or enables them to stay through the end of the seminar.

## CERTIFICATE

Participants who complete the entire seminar will be given a certificate of completion suitable for framing.

## REGISTRATION INFORMATION

Since registration will be limited to 35 participants, to avoid disappointment you are encouraged to apply as early as possible. To request application instructions or additional information on conference arrangements contact Cindy Hibma, Seminar Coordinator, at: [cindyh@cornerstonecounseling.in.th](mailto:cindyh@cornerstonecounseling.in.th)

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For additional program information contact:  
Dr. Bruce Narramore at:  
E-Mail: [bruce@ncfliving.org](mailto:bruce@ncfliving.org)

## SEMINAR HOSTS & INSTRUCTORS

Your hosts for the seminar are Dr. Bruce and Kathy Narramore and Tim and Cindy Hibma.



### **Dr. Bruce Narramore**

Bruce is a well-known Christian psychologist and author of nine books including *Help! I'm a Parent* and *Freedom From Guilt*. He is a Fellow of the Divisions of Clinical Psychology and Psychologists Interested in

Religious Issues of the American Psychological Association. Bruce will be teaching personality dynamics and adjustment, and growth and sanctification from an integrative biblical/theological and psychological perspective.



### **Kathy Narramore**

Kathy served for fifteen years as Missions Pastor at the Whittier Area Community Church in California. She had responsibility for equipping and offering ongoing pastoral care, support and counseling to more than

forty missionary families. Kathy is an MK from Asia. She will co-lead one of the Personal Enrichment Groups and be available for individual consultation and counseling.



### **Tim and Cindy Hibma**

Tim is a licensed Clinical Social Worker and Director of Cornerstone Counseling Foundation. He specializes in working with adults and families and will co-lead one of the Enrichment Groups and be

available for individual or couple's counseling or consultation. Cindy is an RN who serves as Office Administrator for Cornerstone Counseling Foundation and Coordinator for the Member Care and Counseling Seminar.