



WORKSHOP FACILITATOR

Dr. Debbie Hawker is a consultant clinical psychologist who works full time with missionaries and their children and is considered a leading expert in caring effectively for, and the debriefing of, those engaged in mission service overseas. She and her husband are currently missionaries, having served in short-term assignments in more than 30 countries.

Debbie has written many books and journal articles, including the manual *'Debriefing Aid Workers and Missionaries: A Comprehensive Manual'*, now in its seventh edition. She is on the board of the Global Member Care Network, and is a lecturer at All Nations Christian College. She is a member of the staff team at Inter-Health, a Christian travel clinic in London, UK

WORKSHOP ATTENDEES

Congregational leaders and mission agency staff who have responsibility "at the home base" for ensuring that the missionaries they are sending overseas for cross-cultural missions are well prepared and cared for pastorally before, during and after their return.

This training is also appropriate for mission trip team leaders, who should know how to debrief missionaries at the end of their assignment.

SCHEDULE

9 - 9:30 a.m. - Registration

9:30 a.m. - 5 p.m. - Plenary sessions and workshops

COST

\$50 per person (including two tea breaks and lunch)

REGISTRATION

Seminar limit: 60 people. First come, first served. Please book by phone, email or mail, giving name(s) of attendee(s) and church or organization, to:

SIM East Asia Ltd
116 Lavender Street
#04-09 Pek Chuan Building
Singapore 338730

t: **Leonard** @ +65 6298 3611

e: info@simeast.com

w: www.simeast.com

Closing date: Friday 25 February 2011

Fees to be paid by registration deadline.
Cheques payable to SIM East Asia Ltd

DIRECTIONS TO VENUE

Bartley Christian Church
4 How Sun Drive
Singapore 538526

- * alight at Bartley MRT Station (CC12)
- * proceed towards Exit B
- * buses along Bartley Road 28, 93, 158

DEBRIEFING TRAINING FOR SENDERS'

By **Dr. Debbie Hawker**,
Clinical psychologist

A ONE-DAY WORKSHOP FOR
CHURCH AND MISSION
LEADERS

Saturday
5 March
2011

Organized by **SIM**
East Asia
Serving In Mission
国际事工差会

In partnership with

F.O.M.O.S



Bartley Christian Church

YOU SHOULD ATTEND BECAUSE...

Going overseas, even for a short period, can have a significant impact on an individual, not just physically but also emotionally and spiritually.

On returning home, most will bring back memories they will not easily forget and, for some, long-held attitudes and opinions may have been significantly challenged or changed.

Debriefing is an important tool that aims to help cross-cultural workers process the impact of their feelings and emotions, helping them to benefit from their overseas experiences as they revert to the routines of "normal life" back home.

WORKSHOP GOALS

This is a one-day, practical, interactive workshop with time for questions and discussion, which aims to teach participants how to provide effective debriefing to those returning on home assignment or completion of overseas service.

WORKSHOP OUTCOMES

- Further develop skills in debriefing
- Be able to differentiate between different types of debriefing
- Be aware of the effectiveness of debriefing and what to avoid
- Be able to recognize signs of stress, trauma and other problems, and know when, how and where to refer people for further help
- Be aware of stress management strategies and how to help people identify ones which will work for them
- Develop ideas about how to help mission experiences lead to long-term benefits and spiritual growth

ACCOMMODATION

Those in need of accommodation from outside of Singapore may contact the SIM office for assistance.

t: +65 6298 3611

Topics covered

- Definition of debriefing
- Different types of debriefing
- Advantages of debriefing
- Structured v. unstructured debriefing
- Individual and group debriefing
- Signs of stress and trauma
- Stress management strategies
- Referring people for further help
- Creative ways to debrief missionaries

Registration

Your name _____

Email _____

Telephone _____

Church _____

Please return this slip by **25 Feb** with your cheque of \$50 made out to:

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#04-09 Pek Chuan Building
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