

Rise on eagle's wings



a time of recovery for God's busy people

Monday 20 to Friday 24 February 2012
Penhurst Retreat Centre, near Battle, East Sussex

This four-day event is led by **Roger and Christine Day**, therapists and former mission partners. It will provide gentle emotional and spiritual support for people who are sick and tired of being sick and tired.

The retreat is offered to Christians on active duty for God who need some or all of the seven Rs: refreshment, recovery, reflection, re-equipping, restoration, re-energising and revitalising. The event provides therapeutic support for mission partners, charity workers and other Christians who may be going through a difficult time or who are at a crossroads in their life and ministry.

Learn to wait on God and then to rise on eagle's wings.

'Here am I waiting, abide in me, I pray . . . may I know Jesus more and more.'



Roger Day is a UKCP Registered Psychotherapist and Certified Play Therapist. Christine Day has a diploma in counselling and a European adult teaching certificate. They spent over four years working as mission partners in Romania. Together they offer creative approaches in a gentle, protective environment.

Penhurst is a small, friendly Christian retreat centre, situated in an area of Outstanding Natural Beauty just 10 miles from the coast in the Sussex High Weald. Accommodation is in twin bedrooms. The retreat provides full board accommodation with delicious home-cooked food. Penhurst is a peaceful centre with space for reflection and prayer.

The cost of the four days is £325 per person with a discount of 10 per cent for those working with member agencies of Global Connections. To book your place contact Roger and Christine Day on 01788 541 937 or 07870 737 652. You can also send an email: brookcreativetherapy@gmail.com