

# INSTRUCTORS

**Dr. Evelyn Biles**, earned masters' degrees in Organizational Leadership and Human Services Counseling. In addition she has a D. Min. degree in Conflict Management. She has certifications in multiple skills including Mediation, MBTI, FIRO-B, Human Behavior Consulting, Blackboard design, and CISM. Dr. Biles is Founder and President of Global Mosaic International, an organization providing education and training on four continents.



**Lindy Williamson**, has an MA in Social Work, and is an educator, keynote speaker, and owner of LGW Consulting, Deployed to several major disasters including the World Trade Center, the Asian Tsunami, and several hurricanes, Lindy has worked with emergency management, victims and first responders. She currently serves as consultant for the National Veterans Foundation and works with the 2-1-1 Hotline in Charleston, SC accredited by the American Association of Suicidology.



**Ellen Vest**, is a coordinator and instructor of Virginia Emergency Medical Support Classes to include EMT-A, EMT-B, EMT-Shock Trauma, EMT-Cardiac, EMT Enhanced, Pre-hospital Trauma and Basic Trauma Life Support, PEPP, PEMSTP, and PALS classes. She also teaches Basic Cardiac Life Support and is a CERT Instructor.



**Linda Harms**, has a BS in Psychology and Education, and an MA in Social Work. She is a volunteer at the State of Iowa Attorney General's Crisis Response Team and the National Guard Strong Bonds/Marriage Enrichment and Family Programs. Linda is also an ICISF approved instructor.



## **Who should attend**

**The CISM courses are a must-attend for anyone working in the fields of :**

- ✓ **Education**
- ✓ **Employee Assistance**
- ✓ **Mental Health**
- ✓ **Healthcare**
- ✓ **Human Resources**
- ✓ **Military**
- ✓ **Spiritual Care**
- ✓ **Crisis Intervention**
- ✓ **Disaster Response**
- ✓ **Emergency Services**
- ✓ **Transportation**
- ✓ **Traumatic Stress**

**PLEASE PASS ALONG TO THOSE WHO MIGHT BE INTERESTED.**

**Global Mosaic International**  
Equipping Leaders for the Future

**presents**

# Critical Incident Stress Management

ADDICTIONS

stress

SUICIDE

It's the only way out.

COMPASSION  
FATIGUE

When you've got nothing left to give

TRAUMA

GRIEF



\*Completion of "CISM" and receipt of a certificate indicating full attendance qualifies as a class in ICISF's Certificate of Specialized Training Program.

## REGISTRANT INFORMATION (Please print)

Name to appear on Certificate (please print legibly):

Other Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Tel (H/P): \_\_\_\_\_ (O): \_\_\_\_\_

Gender :  Male  Female

Job Title : \_\_\_\_\_

Company : \_\_\_\_\_

*Materials, lunch, and certificate included.*Vegetarian meals :  Yes  No


## Courses: (please tick / on the selected course)

- 101 Individual & Group Intervention (RM 500)
- 102 Managing School Crises (RM 360)
- 103 Stress Mgmt - TSP (RM 360)
- 201 Compassion Fatigue (RM 360)
- 202 Strategic Response (RM 360)
- 203 Suicide PIP (RM 360)
- 204 Grief Following Trauma (RM 360)

## ACT NOW to Register !

✓  E-mail Registration Form or data to :

[gmi.malaysia@gmail.com](mailto:gmi.malaysia@gmail.com)

- ✓  Call (012) 302 6515 for Ursula Perera
- ✓ Please issue cheque payable to "Mersaya Associates Sdn Bhd" or bank in cheque into MBB Account # 507143331675
- ✓ Please use one Registration Form for each participant.

➤ **101 – Group & Individual Crisis Intervention (14<sup>th</sup>, 15<sup>th</sup>, & 16<sup>th</sup> August 2010)**

This class is designed to give participants the fundamental skills to provide individual and group crisis intervention. Specific protocols for individuals and a variety of group intervention tactics will be learned and practiced to provide each student a comprehensive skill set to provide basic intervention services – Receive 2 certificates. RM 500

➤ **102 – Managing School Crises : From Theory to Application (18<sup>th</sup> – 19<sup>th</sup> August 2010)**

This course is designed to prepare school administrators and all educators for the inevitable crises that occur within schools and/or that affect those in schools, this training reflects the 3 most common phases of a crisis: pre-crisis planning, acute crisis response and post-crisis activities. Special attention is given to the most common pitfalls (those that pose the most threat to school personnel from a liability standpoint) associated with crisis response activities. RM 360

➤ **103 – Stress Management for the Trauma Service Provider (20<sup>th</sup> – 21<sup>st</sup> August 2010)**

This course explores the signs and symptoms of stress on the trauma providers and focuses on stress management techniques that help them manage their personal stress. The course assists each participant in developing his or her personal resilience and stress management plan. RM 360

➤ **201 – Compassion Fatigue (14<sup>th</sup> – 15<sup>th</sup> August 2010)**

This course explores the risks and positive aspects of providing assistance and performing this critical work. Participants will understand how their work affects them emotionally, physically, socially, and spiritually. They will also learn skills to recognize, prevent, and treat any negative effects while providing care to others. RM 360

➤ **202 – Strategic Response (16<sup>th</sup> – 17<sup>th</sup> August 2010)**

This course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. They will learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision-making are emphasized, as are rationales for choosing one set of crisis intervention processes over another. RM 360

**Note: Prior attendance of Individual and Group Crisis Intervention Course is a prerequisite.**

➤ **203 – Suicide Prevention, Intervention, and Postvention (18<sup>th</sup> – 19<sup>th</sup> August 2010)**

Participants will understand risk factors, explore the scope of suicide, and learn effective techniques for intervention. Participants will practice techniques and learn how to conduct open conversations and assist not only the suicidal person but also family members who are affected. The course also trains participants in understanding prevention techniques and application of prevention programs within their workplace or community. RM 360

➤ **204 – Grief following Trauma (20<sup>th</sup> – 21<sup>st</sup> August 2010)**

This course provides understanding and knowledge of grief following a traumatic loss. Participants will gain understanding and knowledge of the impact of trauma on the grief process and gain skills to provide effective support for those experiencing traumatic death or loss. RM 360

- Venue : **HELP University College, Kuala Lumpur**
- Mon to Sat : 9am – 4pm, Sun : 2pm - 7pm
- **RM50 discount off total fees when signing up for two or more courses**



\*These courses are certified by the (ICISF)  
International Critical Incident Stress Foundation