



Global Member Care Network (GMCN) November 2012

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This months Sponsor - Barnabas International & ELIM Retreat Ministries

Low Cost Renewal Retreats for Global Workers



Barnabas International and ELIM Retreat Ministries will sponsor six retreats in the States in 2013. The emphasis of each retreat is physical recovery and rest and spiritual debriefing and renewal. There is much unscheduled time in each retreat. Play, worship, and time for naps are important core values. Low key studies in the Word on themes that bear upon finding Christ's rest in the midst of the stresses of Kingdom work and living. Some retreats are for whole family units returning to the States. Others for missionary adults only, singles or couples. The cost is \$80.00 per person, with scholarships available. For more information and on-line registration, go to www.elimretreats.org.

Editorial: TRAINED personnel is the vital key

by Marjory Foyle

I spent 30 years working as a missionary doctor in India and Nepal, initially as a medical doctor and then, after training in Scotland and passing the final exams I returned to India as a psychiatrist. During my years of work there I periodically treated missionaries who had developed mental health problems, usually related to stress on the job, but some others had more serious mental health problems. I then began to feel that it would be good if I could go mobile, visit missionaries anywhere I was invited, and discuss their general and mental health problems. I received invitations to many countries, where I would combine personal interviews and public lectures on mental health . This work revealed the inadequacy of candidate psychological assessment before joining the Mission and being sent overseas. I met several other people with psychological qualifications, and gradually what is now Membercare grew slowly . Membercare is now a well-established movement dedicated to the mental health care of missionaries, starting from the time of selection and ending when the missionary retires. Emphasise is given to training through regular conferences, and the general acceptance of the importance of checking mental as well as physical health. TRAINED personnel is the vital key , and it has been encouraging to see the growth of such people in missionary service, so that those with psychological problems can receive good care. Physical care of missionaries is very well established and it is our dream that mental health care for missionaries will prosper and grow , so that care can be spiritual, physical and psychological.

Q&A (Questions and Answers)

single person in cross-cultural ministry - (this time with correct Email address)

The October edition of the GMCN newsletter printed the wrong Email address of Debbie Hawker. Please use this correct one to reply to her.doctors_hawker@yahoo.co.uk.

We are writing a book on the challenges and joys of being a single person in cross-cultural ministry.

What do you think it should say? Do you have any advice you would like to offer single people in ministry?

What is it like to be a single person in YOUR culture?

If you are single, are you willing to share something which you have found helpful?

We would be grateful for any ideas you might like to share.

Please email them to doctors_hawker@yahoo.co.uk. Thank you. Debbie Hawker

Questionnaire

Proposal for a Medical Monitoring Device

Pathway Developments is considering manufacturing a foetal ultrasound monitor to aid care-givers assisting at a birth. It would also be valuable during pregnancy to identify potential problems. It will be able to measure foetal and maternal heart rate. As an option, it could also measure maternal blood oxygenation. The monitor will be tough, able to withstand rough handling. It will work fully in the main language of the area where it is used. It will be manufactured to the highest standard, at a target cost of 65 US Dollars.

Can you help by filling out the questionnaire?

<http://pathway-developments.com/questionnaire>

Peter Wilks peter.wilks@pathway-developments.com

RESOURCES

New Book:

"Trauma & Resilience: Effectively Supporting Those Who Serve God"

The book "Trauma & Resilience: Effectively Supporting Those Who Serve God" has just been published. It has been written by a team of authors: Karen Carr, Ann Hamel, Scott Shaum, and us. We have also been the editors. It is written with lay people, member care providers, and counselors in mind. It is both research based and practical. Examples draw a lot on mission experience. At the same time, church leaders and caring individuals and teams, as well as affected individuals will also benefit.

There is a special introductory price available at Condeo Press until December 1st. Also, the book will be available for a reduced price of \$15 at the Mental Health and Missions Conference in Indiana this year.

<http://ondemand.condeopress.com/condeo-authors/charles-a-schaefer-phd-frauke-c-schaefer/trauma-and-resilience.html>

I have attached some additional information with the Table of Contents to help people understand what the book is all about.

http://www.globalmembercare.org/uploads/tx_wecdiscussion/Trauma_Resilience_Book_Info.docx

Newsletter

Member Care Europe October 2012

http://www.globalmembercare.org/uploads/tx_wecdiscussion/1210_MC_Europe_Newsletter.pdf

Article

Why Care About Culture?

Cross-Cultural Mentoring: A Brief Comparison of Individualistic and Collectivist Cultures."William Carey International Development Journal.

Very interesting Article and Posting on Gary R. Collins People Builder's Blog

<http://peoplebuilder.wordpress.com/2012/10/25/newsletter-503-why-care-about-culture/>

Newsletter

Africa Member Care Network No. 51 November 2012

<http://us2.campaign-archive1.com/?u=895d43ef69926eab7812e0395&id=ab1ce9cee4&e=a3dbaa64df>

Re-entry

My Re-entry Adventure (oscar.org.uk)

Thanks to author Claudia Smith, we now have a third workbook for children in the 'My Adventure in God's World' series. Each workbook is designed to help young children (and parents) through the transition times of mission; Moving overseas ([book 1](#)), Home Leave ([book 2](#)) and now Re-entry ([book 3](#)). They're wonderful tools for missionary families and all 3 are available FREE to download from OSCAR. Go to www.oscar.org.uk/service/children/resources.htm#maigw

Newsletter

Member Care Southern Africa Newsletter Nov 2012

<http://us2.campaign-archive2.com/?u=407209516f9457da095ea4268&id=1f412d120a&e=673b949319>

GLOBAL MEMBER CARE EVENTS

Africa

Kampala, Uganda

The Mobile Member Care Team -East Africa is hosting the Member Care Managing Crisis workshop in Kampala, Uganda 30 January - 5 February 2013. This workshop continues to provide a knowledge base, practical tools and skills towards member care needs within cross-cultural Christian organizations. One recent African participant stated that now she has a information that she has a responsibility to pass on. Contact conniecmct@gmail.com for more information

Europe

SHARPENING YOUR INTERPERSONAL SKILLS: Malaga, Spain

WHEN: December 3-8, 2012

The Workshop begins at 18:00 December 3 and ends at 14:00 December 8

HOST: North Africa Member Care Network

WHERE: Torrox, Spain (near Malaga)

LOCATION: Hotel Santa Rosa <http://santa-rosa.guestcentric.net>

SPECIAL EVENT: The NAMC Network is pleased to host two simultaneous SYIS Workshops, one in English and one in Spanish, each with a limit of 24 participants. These workshops will be run in separate conference rooms in the same hotel complex. Hotel rooms and meals can be shared among attendees of either workshop.

Find more Info here:

http://www.globalmembercare.org/uploads/tx_wecdiscussion/SYIS_English_advert_-_Spain.pdf

Europe

CÓMO MEJORAR LAS RELACIONES INTERPERSONALES: MÁLAGA

CUÁNDO: 3 al 8 de diciembre, 2012

El taller empieza a las 18:00 horas el 3 de diciembre y termina a las 14:00 horas el 8 de diciembre

ANFITRIÓN: North Africa Member Care Network

DÓNDE: Torrox, España (cerca de Málaga)

SITIO: Hotel Santa Rosa <http://santa-rosa.guestcentric.net>

EVENTO ESPECIAL: La Red NAMC se complace en presentar dos talleres CMRI, uno en Español y otro en Inglés. Los talleres se llevarán a cabo simultáneamente en salones distintos en el mismo hotel. El cupo máximo de cada taller será de 24 participantes. Las habitaciones del hotel y las comidas pueden ser compartidos entre los asistentes de uno u otro taller.

Para obtener más información

http://www.globalmembercare.org/uploads/tx_wecdiscussion/SYIS_Spain_Advert_-_Spanish.pdf

Middle East

Expectations and Burnout: Women surviving the Great Commission. Dubai, UAE

To gather together from April 8-11, 2013 at a comfortable facility in Dubai, UAE

Come and share with one another, relax, pray together and learn from authors Sue Eenigenburg and Robynn Bliss as they lead discussions from their book, Expectations and Burnout: Women surviving the Great Commission.

Are you one of the 80% of women working across cultures who has felt close to burnout? How do you know if you are just stressed or approaching burnout? What are its symptoms, causes and solutions?

What role do our expectations play on the road to burnout? Expectations of ourselves, our sending fellowships, organizations, teams, host cultures and God affect not only our well being, but our longevity in service.

Are there helpful resources and tips to help us as we face unfulfilled expectations while seeking to thrive as we work across cultures? How can we deal with expectations and prevent burnout?

Come join us as together we explore expectations and burnout. Learn how to develop realistic expectations and yet still maintain faith in our sovereign God who continues to accomplish the impossible around the world.

Sue Eenigenburg has been involved in cross-cultural work for over 25 years. Sue and her husband celebrated their 34th wedding anniversary last August. She has an MA in leadership studies and is the author of *Screams in the Desert* and co-author of *Expectations and Burnout: Women Surviving the Great Commission*.

Robynn Bliss (co-author of *Expectations and Burnout: Women Surviving the Great Commission*) and her husband served in North India for 13 years. For the past 5 years they've been based in Manhattan, KS where they've launched *Eden Vigil*, a ministry that combines environmental opportunities and our creation care mandate with planting fellowships.

Cost: \$315/person, \$175/day attendees

Please contact Diane Sampson at rdsampson@gmail.com for questions and registration information and put "Oasis Women" in subject line

Asia, Malaysia

3rd Asia Member Care Network Conference, April 8-12, 2013

Place: Penang, Malaysia

Theme: A Toolkit for Workers' Care

Speakers: Perry Bradford, Jocelyn Head, Dr Mark Toh

Workshop Leaders: Dr Lois Dodds, Stephen Head, Perry Bradford, Jocelyn Head, David & Barbara Hagelberg, Cheong Swee Gim, Ong Bee Cheng & Sharon Poon, Elizabeth Choi, Dr Mark Toh and many others.

Cost: US\$ 235 or S\$300 (US\$200 or S\$256 for early registration before January 15, 2013)

For more information please contact: David Tan, david.modesto@gmail.com

Europe - Germany

SYIS workshop in Germany

SYIS is designed to help mission workers hone their interpersonal skills, thereby enabling them to work more effectively together in community and on the field. This course is held in English in Mosbach, Germany, from 2nd - 7th December 2012 and is facilitated by Patti Mobley, Marion Knell and Siny Widmer. For more information contact Siny at swidmer@cttw.at

Europe

Serving as Senders in Belfast (oscar.org.uk)

On Saturday 17th November, 'Serving as Senders' is coming to Northern Ireland! This is a one day course for individuals and churches wanting to know how to better support the missionaries they send. If you're in Northern Ireland, don't miss this first and unique opportunity to participate in this course that has toured the UK over the last 10 years. We'd love to see you there. Go to <http://oscaractive.ning.com/events/serving-as-senders-lisburn>

The Global Member Care Network is an independent network of volunteers. Please consider donating to this important network, to keep the running costs covered. We do this, because we believe in it. This Newsletter is a free service and was created to share and connect member care resources around the world. It goes out in the middle of each month. News and resources need to be posted on our website blog, or send to office@globalmembercare.com.

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